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Did you know it is...??

National Headache and Migraine Awareness Week 17th – 23rd September 2012

Global Year Against Headache October 2011 to October 2012

Headaches are one of the most commonly experienced forms of pain and one of the most frequent reasons to seek medical advice. Many headaches can be treated, managed or even cured.



Take responsibility for your headache



Identify and avoid triggers





Have a headache management plan



To make an appointment for assessment and treatment of your headache please contact reception.